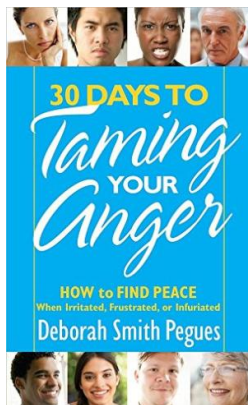


## 30 Days to Taming Your Anger: How to Find Peace When Irritated, Frustrated, or Infuriated



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