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## Tri the Beloved Country: An Epic Adventure Running, Cycling and Kayaking the Borders of South Africa: 6772 Km

By Kim Van Kets

Jacana Media (Pty) Ltd. Paperback. Book Condition: new. BRAND NEW, *Tri the Beloved Country: An Epic Adventure Running, Cycling and Kayaking the Borders of South Africa: 6772 Km*, Kim Van Kets, What makes a working mother and average athlete decide to take on a massive physical and mental challenge to run, cycle and kayak the perimeter of South Africa, covering 6 772 km in less than five months? Kim van Kets was inspired by her desire to demonstrate to her daughter the fact that mothers are heroes too. She was able to justify the 'time-out' after having built up a credit balance of 150 days owed to her by her adventurer husband. Her story is a positive and enthusiastic 'off the beaten track' South African adventure and is amusing, anecdotal and inspiring. It tells of the physical and mental challenges of the journey but focuses on stories surrounding the people and places she encountered along the way, including those of the ancient Kalahari farmer who pronounced her to be a 'Ramkat' and the Nama goatherd who seemed doubtful about her gender and anxious to be rid of her. The book is also a wonderful South African travelogue and is studded...



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