



Philosophy for Life: And Other Dangerous Situations

By Jules Evans

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, *Philosophy for Life: And Other Dangerous Situations*, Jules Evans, In his engaging book, Jules Evans explains how ancient philosophy saved his life, and how we can all use it to become happier, wiser and more resilient. Jules imagines a dream school, which includes 12 of the greatest and most colourful thinkers the world has ever known. Each of these ancient philosophers teaches a technique we can use to transform ourselves and live better lives. These practical techniques are illustrated by the extraordinary stories of real people who are using them today - from marines to magicians, from astronauts to anarchists and from CBT psychologists to soldiers. Jules also explores how ancient philosophy is inspiring modern communities - Socratic cafes, Stoic armies, Platonic sects, Sceptic summer camps - and even whole nations in their quest for the good life.



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