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THE HAPPINESS JOURNAL: DAILY ENTRIES FOR A HAPPIER LIFE (PAPERBACK)



Createspace, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.The Happiness Journal contains a month s worth of guidance to build a happier life. The journal starts with goal setting for the month and has an entry for each day filled with questions to dig deep inside and create more joy and love in your life.

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- Authored by Rachel Vdolek
- Released at 2015



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Reviews

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