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Under the Wild Ginger: A Simple Guide to the Wisdom of Wonder (Hardback)

By Jeffrey D Willius

Bunker Hill Publishing, United States, 2012. Hardback. Book Condition: New. 173 x 127 mm. Language: English . Brand New Book. Do you remember how it felt when, as a child, you first discovered some little creature or flower you'd never seen before and when, moved beyond speech, all you could manage was a breathless wow? That little whisper, that crystalline moment of pure wonder, is what *Under the Wild Ginger* is about. You can reclaim the magical in your hectic life. You'll learn how to open both your senses and your spirit to your surroundings, how to notice and celebrate the countless small miracles that await, often right under your nose. The book introduces the concept of seeing generously. It suggests that, while sensing may seem a kind of acquisition, it's really as much about giving as taking--letting go of agendas and schedules; surrendering cell phones and computers; committing your time; applying your imagination; and, above all, simply paying attention. Giving something of yourself to the process of perception restores the curiosity and *joie de vivre* each of us possessed naturally as a child but which got buried in layer upon layer of adult structure, stress, and cynicism. *Under the Wild Ginger* is a book to enjoy in quiet moments by yourself, to give to...



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