



60 Technical Training Activities for 8-18 Year Old Soccer Players (Paperback)

By David Newbery

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.60 technical training activities for 8-18 year old soccer players is an ideal resource for coaches working with 8-18 year old players and includes 60 coaching activities expertly illustrated in black and white. To assist coaches choose the right activity based on the ability and readiness of players, we have included the Competency Matrix from the NSCAA Player Development Curriculum. For each activity we have identified the most appropriate Stage/s of Development and listed the primary performance competencies. The manual supports the NSCAA Top Ten Series , an eLearning program offered by NSCAA in 2014, featuring 6 topics related to technical development of players 8-18 years old. To see the on-demand recordings of these presentations and to learn more about NSCAA eLearning, visit Six NSCAA Instructors contributed to this manual and they provide an abundance of coaching tips and their guidance to adapt the content to change the level of difficulty to more or less challenging. This is an excellent resource for an experienced and novice coach alike. Edited by David Newbery - eLearning Coordinator, NSCAA Topics and...



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