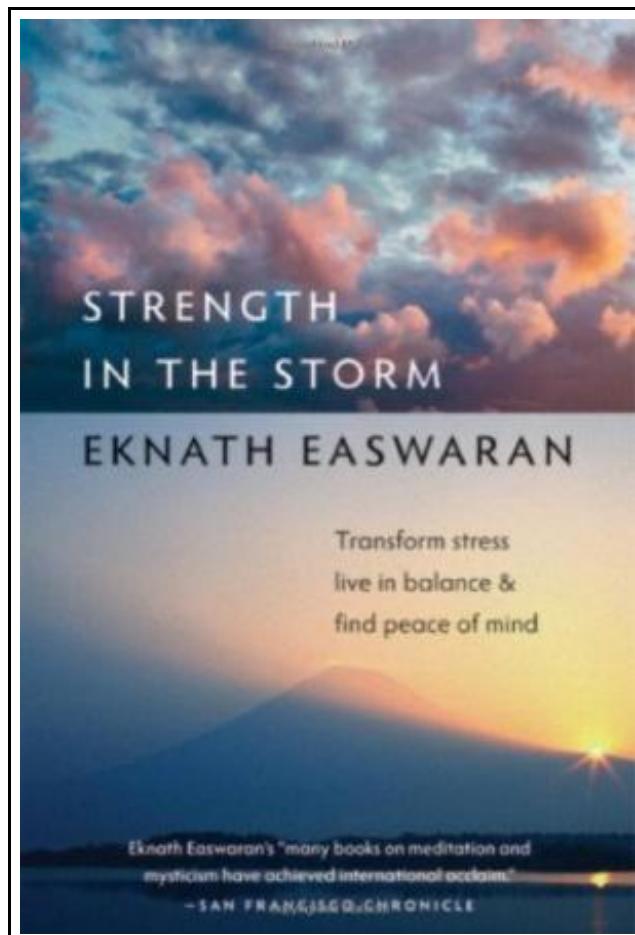


## Strength in the Storm: Transform Stress, Live in Balance, and Find Peace of Mind



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