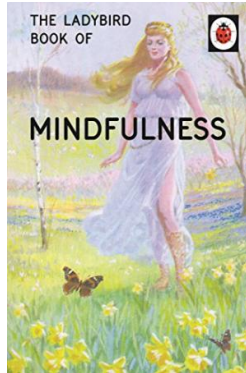


## The Ladybird Book of Mindfulness



### Book Review

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**(Mrs. Kylie Oberbrunner II)**

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