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GREEN SMOOTHIES: THE 50 BEST GREEN SMOOTHIE RECIPES FOR WEIGHT LOSS (LARGE PRINT): HOW TO MAKE THE BEST GREEN SMOOTHIES TO DROP POUNDS (PAPERBACK)



The 50 Best Green Smoothie Recipes for Weight Loss



How to Make the Best Green Smoothies to Drop Pounds

Daisy Williams

Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. large type edition. 272 x 210 mm. Language: English. Brand New Book ***** Print on Demand *****. Smoothies can be very nutritious and they taste delicious but not all smoothies are low in calories or easy to integrate into a weight loss program. Because rabbit food fatigue can sabotage your diet, chef Daisy Williams collected the 50 best recipes for smoothies that are lean, clean low-calorie, and very satisfying to...

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